

RESOURCES

Disability Resources



ACCEL

www.accel.org | 480.755.9379

Services: provides disabilities including a school for children with disabilities; vocational training; physical, occupational, speech, vision, recreation, dance and movement, and music therapies; personal care and independent living skills training; and psychological and behavioral services.

Arizona Developmental Disabilities Planning Council

<https://addpc.az.gov/> | 877.665.3176

Services: information accessibility, advocates for interests and needs of those with developmental disabilities in underserved areas.

ASDB Desert Valley Regional Cooperative

<https://asdb.az.gov/cooperatives/> | 602.771.5347

Services: provide educational support services for children with deaf, hard of hearing, or visually impaired.

Raising Special Kids

<https://raisingspecialkids.org/> | 800.237.3007

Services: provides training, resources, training and support for families of children with special healthcare needs and disabilities.



Youth Counseling Resources



A New Leaf Community Services

www.turnanewleaf.org | 833.431.4449

Services: provides behavioral health/counseling to low income children and families within Mercy Maricopa Integrated Care.

Arizona Youth & family Services, Inc.

www.azyfs.org | 602.277.4833

Services: provides health services and counseling for children 17 and under.

Black Family and Child Services

www.bfcfamily.org | 602.243.1773

Services: provides behavioral health services and counseling to youth ages 3-17 and substance abuse counseling for adults 18-65.

Chandler CARE Center

<https://www.cusd80.com/Page/1002> | 480.812.7900

Services: provides access to healthcare, counseling & social services for district students/families.

For Students, Parents & Communities

Mental Health Resources



Child Crisis Arizona

<https://childcrisisaz.org/> | 480.834.9424

Services: expectant parent education, parenting workshops and skills classes, child development classes, anger management for parents and children, play groups, parent support groups.

Evolve Teen Dual Diagnosis Treatment

<https://evolvreatment.com/> | 1.866.570.0856

Services: provides kids 12-17 with counseling and care for those with mental health, addiction, and/or behavioral health needs.

Highland Springs Specialty Clinic

www.psychologytoday.com (search name) | 480.750.7622

Services: individuals and families programs including depression, PTSD, anxiety, marriage, couples, family counseling, addiction services, and many more.

Horizon Health and Wellness

www.hhwaz.org/ | 480.987.7643

Services: counseling for youth, adults, couples, and families.

Southwest Behavior & Health Services

<http://www.sbhservices.org/> | 602.351.6960

Services: outpatient mental health and psychiatric treatment/services and more.

“
Education is the most powerful weapon which you can use to change the world.
 – Nelson Mandela
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LGBTQ Resources



Big Brothers Big Sisters of Central Arizona

<https://www.bbbsaz.org/lgbtq/> | Awareness / Informational

It Gets better Project

<https://itgetsbetter.org/> | Awareness / Informational

one•ten

www.oneten.org | 602.400.2601 x 2 |

Services: provide supportive community, programs, and education to help teens heal, learn and confidently live out their identity.

PFLAG Phoenix

www.pflagphoenix.org | 602.843.1404

Services: Services: provide supportive community that support, educate & advocate for diversity and equality.

The Trevor Project

<https://www.thetrevorproject.org/> | 1.866.488.7386 (24/7)

Services: provides 24-hour confidential phone intervention for AZ teens & peer counseling for LGBTQ (25 & younger) community.

can't concentrate
 talking about death
 behaving recklessly
 extreme mood swings
 feelings of "falling apart"
 increased use of drugs or alcohol
 feeling like there's no reason to live
 changes in sleeping/eating habits
 2+ weeks feeling depressed/hopeless
 giving away favorite things
 self-isolation

these WARNING SIGNS may mean a teen is at risk of suicide.

If you or someone you know is at risk, call 602-248-8336.


 Teen Lifeline
 602-248-8336

Suicide Prevention Resources

Arizona Suicide Prevention Coalition / EMPACT Suicide Prevention Center - Tempe

<https://www.azspc.org/> | <http://lafrontera-empact.org/>
 Info 480.784.1514 | Crisis 480.784.1500 (24/7)



Teen Lifeline, Inc.

<https://teenlifeline.org> | 1.800.248.8336 (24/7)

Services: provides 24-hour confidential phone intervention for AZ teens and peer counseling.

The Trevor Project (LGBTQ)

<https://www.thetrevorproject.org/> | 1.866.488.7386 (24/7)

Services: provides 24-hour confidential phone intervention for AZ teens & peer counseling for LGBTQ (25 & younger) community.